

# PSHE CURRICULUM MAP

UNITS OF WORK	EARLY YEARS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
<b>Me and My Relationships</b>	<ul style="list-style-type: none"> <li>What makes me special</li> <li>People close to me</li> <li>Getting help</li> </ul>	<ul style="list-style-type: none"> <li>Feelings</li> <li>Getting help</li> <li>Classroom rules</li> <li>Special people</li> <li>Being a good friend</li> </ul>	<ul style="list-style-type: none"> <li>Bullying and teasing</li> <li>Our school rules about bullying</li> <li>Being a good friend</li> <li>Feelings/self-regulation</li> </ul>	<ul style="list-style-type: none"> <li>Rules and their purpose</li> <li>Cooperation</li> <li>Friendship (including respectful relationships)</li> <li>Coping with loss</li> </ul>	<ul style="list-style-type: none"> <li>Healthy relationships</li> <li>Listening to feelings</li> <li>Bullying</li> <li>Assertive skills</li> </ul>	<ul style="list-style-type: none"> <li>Feelings</li> <li>Friendship skills – including compromise</li> <li>Assertive skills</li> <li>Cooperation</li> <li>Recognising emotional needs</li> </ul>	<ul style="list-style-type: none"> <li>Assertiveness</li> <li>Cooperation</li> <li>Safe/unsafe touches</li> <li>Positive relationships</li> </ul>
<b>Valuing Difference</b>	<ul style="list-style-type: none"> <li>Similarities and difference</li> <li>Celebrating difference</li> <li>Showing kindness</li> </ul>	<ul style="list-style-type: none"> <li>Recognising valuing and celebrating difference</li> <li>Developing respect and accepting others</li> <li>Bullying and getting help</li> </ul>	<ul style="list-style-type: none"> <li>Being kind and helping others</li> <li>Celebrating difference</li> <li>People who help us</li> <li>Listening skills</li> </ul>	<ul style="list-style-type: none"> <li>Recognising and respecting diversity</li> <li>Being respectful and tolerant</li> <li>My community</li> </ul>	<ul style="list-style-type: none"> <li>Recognising and celebrating difference (including religions and cultural difference)</li> <li>Understanding and challenging stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>Recognising and celebrating difference including religions and cultural</li> <li>Influence and pressure of social media</li> </ul>	<ul style="list-style-type: none"> <li>Recognising and celebrating difference</li> <li>Recognising and reflecting on prejudice based bullying</li> <li>Understanding bystander behaviour</li> <li>Gender stereotyping.</li> </ul>
<b>Keeping Myself Safe</b>	<ul style="list-style-type: none"> <li>Keeping my body safe</li> <li>Safe secrets and touches</li> <li>People who help to keep us safe</li> </ul>	<ul style="list-style-type: none"> <li>How are feelings can help to keep us safe – including online safety</li> <li>Safe and unsafe touches</li> <li>Medicine safety</li> <li>Sleep</li> </ul>	<ul style="list-style-type: none"> <li>Safe and unsafe secrets</li> <li>Appropriate touch</li> <li>Medicine safety</li> </ul>	<ul style="list-style-type: none"> <li>Managing risk</li> <li>Decision making skills</li> <li>Drugs and their risks</li> <li>Staying safe online</li> </ul>	<ul style="list-style-type: none"> <li>Managing risk</li> <li>Understanding the norms of drug use (cigarette and alcohol use)</li> <li>Influences</li> <li>Online safety</li> </ul>	<ul style="list-style-type: none"> <li>Managing risk, including online safety</li> <li>Norms around the use of legal drugs (tobacco, alcohol)</li> <li>Decision-making skills</li> </ul>	<ul style="list-style-type: none"> <li>Understanding emotional needs</li> <li>Staying safe online</li> <li>Drugs: norms and risks (including the law)</li> </ul>

<b>Rights and Responsibilities</b>	<ul style="list-style-type: none"> <li>Looking after things, environment, friends, money</li> </ul>	<ul style="list-style-type: none"> <li>Taking care of things: myself, my money, my environment</li> </ul>	<ul style="list-style-type: none"> <li>Cooperation</li> <li>Self-regulation</li> <li>Online safety</li> <li>Looking after money-spending and saving</li> </ul>	<ul style="list-style-type: none"> <li>Skills we need to develop as we grow up</li> <li>Helping and being helped</li> <li>Looking after the environment</li> <li>My skills and interests</li> </ul>	<ul style="list-style-type: none"> <li>Making a difference (different ways of helping others or the environment)</li> <li>Media influence</li> <li>Decisions about spending money</li> </ul>	<ul style="list-style-type: none"> <li>Rights and responsibilities</li> <li>Rights and responsibilities relating to my health</li> <li>Making a difference</li> </ul>	<ul style="list-style-type: none"> <li>Understanding media bias, including social media</li> <li>Caring: communities and the environment</li> <li>Earning and saving money</li> <li>Understanding democracy</li> </ul>
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